

# well-being *(well-be-ing)*

## Definition

n. the state of being happy and healthy.

## Example Sentence

His family's **well-being** is very important to him. Spelled with a hyphen.

## More Example Sentences

Good sleep is important for **well-being**.

## Synonyms

happiness; welfare; health

## Antonyms

misery; unhappiness; distress

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)