

# upsetting *(up-set-ting)*

## Definition

adj. causing someone to feel unhappy or worried.

## Example Sentence

It was **upsetting** when you fell down.

## More Example Sentences

She found the movie quite **upsetting** and sad.

## Synonyms

disturbing; troubling; disheartening

## Antonyms

pleasing; comforting; reassuring

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)