

## Say It! Trace It! Write It!

Learn it, practice it, spell it, and pronounce it.

**Instructions:** Say the word, trace it, then write it on your own.

## Example Sentence

Daniel knows all the **ups** and downs of being on the winning team.

SAY IT!

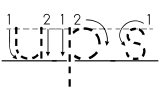
**ups**

TRACE IT!

**ups**

WRITE IT!

**ups**



ups

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