

# unwind *(un-wind)*

## Definition

v. 1 to cause to uncoil; 2 to free from stress; relax.

## Example Sentence

Asher likes to **unwind** the wire coil. OR Dad likes to **unwind** after work.

## Synonyms

uncoil; untangle; undo; loosen

## Antonyms

coil; wind

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)