

# trouncing *(trounc-ing)*

## Definition

v. 1 to beat; thrash; flog; 2 to defeat soundly

## Example Sentence

Our school is **trouncing** its competitors in the science fair.

## Synonyms

flog; welt; whip; lather; lash; slash; strap; beat; beat up; work over

## Antonyms

praise

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