

# troubling *(trou-bling)*

## Definition

adj. causing worry or concern to someone.

## Example Sentence

It was **troubling** to think of the amount of work to be accomplished.

## More Example Sentences

She found the report **troubling** and sad.

## Synonyms

worrisome; disturbing; alarming

## Antonyms

calming; soothing; reassuring

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