

trapezius *(tra-pe-zi-us)*

Definition

n. either of two flat triangular muscles of the shoulder and upper back that are involved in moving the shoulders and arms

Example Sentence

He did exercises to strengthen his **trapezius**.

Synonyms

cowl muscle; shoulder muscle; muscle

Antonyms

bone

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com