

# the days of the week *(the-days-of-the-week)*

## Definition

n. the seven-day period commonly used to divide the calendar week, consisting of Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Sunday.

## Example Sentence

**The days of the week** help us organize our schedules and plan activities.

## More Example Sentences

Each of **the days of the week** has its own significance and routines.

## Synonyms

weekly cycle; days of the calendar; workweek

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