

tensing *(tens-ing)*

Definition

v. making something tight or firm.

Example Sentence

She was **tensing** her muscles before the race.

More Example Sentences

He is **tensing** his body for the jump.

Synonyms

tightening; straining

Antonyms

relaxing; loosening

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com