

# strenuously

 (*stren-u-ous-ly*)

## Definition

adv. in a way that requires great effort.

## Example Sentence

He objected **strenuously** to the stand his party was taking.

## More Example Sentences

The team played **strenuously** in the championship.

## Synonyms

vigorously; energetically; intensely

## Antonyms

easily; lazily; effortlessly

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)