

strenuously *(stren-u-ous-ly)*

Definition

adv. in a way that requires great effort.

Example Sentence

He objected **strenuously** to the stand his party was taking.

More Example Sentences

The team played **strenuously** in the championship.

Synonyms

vigorously; energetically; intensely

Antonyms

easily; lazily; effortlessly

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