

# stifling *(sti-fling)*

## Definition

adj. making it difficult to breathe or causing discomfort.

## Example Sentence

The **stifling** heat made us feel lazy. OR He was **stifling** his comments.

## More Example Sentences

It was a **stifling** day in the classroom.

## Synonyms

suffocating; oppressive

## Antonyms

refreshing; invigorating

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