

# spirituality *(spir-it-u-al-i-ty)*

## Definition

n. the quality of being concerned with the soul or spirit.

## Example Sentence

He is working on his **spirituality**.

## More Example Sentences

**Spirituality** can help us understand ourselves.

## Synonyms

religiousness; faith; devotion

## Antonyms

materialism; secularism; atheism

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