

# spasm (*spasm*)

## Definition

n. a sudden involuntary muscle contraction.

## Example Sentence

Lizzy saw her muscle **spasm**.

## More Example Sentences

She had a **spasm** in her back.

## Synonyms

cramp; contraction; twitch

## Antonyms

calm; still

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)