

# sleeplessness *(sleep-less-ness)*

## Definition

n. unable to experience the natural and periodic state of rest during which consciousness of the world is suspended

## Example Sentence

Tent camping in cold weather causes **sleeplessness**.

## Synonyms

awake; conscious; alert

## Antonyms

unawakened; at rest

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)