

skeletal muscle *(skel-e-tal-mus-cle)*

Definition

n. A type of muscle tissue that is attached to bones and is involved in the voluntary movement of the body.

Example Sentence

Skeletal muscle is responsible for movements such as walking and lifting.

More Example Sentences

Regular exercise can increase the strength and endurance of **skeletal muscle**.

Synonyms

striated muscle; voluntary muscle; muscle fiber

Antonyms

smooth muscle; cardiac muscle; involuntary muscle

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