

shamanism *(sha-man-ism)*

Definition

n. a practice that involves a practitioner reaching altered states of consciousness in order to interact with the spirit world and channel these transcendental energies into this world.

Example Sentence

Shamanism has been practiced by indigenous cultures around the world for centuries.

More Example Sentences

The rituals in **shamanism** often include drumming and chanting to reach a trance state.

Synonyms

spiritualism; animism; mysticism

Antonyms

materialism; atheism; secularism

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