

# self-sufficient *(self-suf-fi-cient)*

## Definition

adj. able to provide for oneself without help.

## Example Sentence

Her children were **self-sufficient** at an early age.

## More Example Sentences

Being **self-sufficient** is a good skill.

## Synonyms

independent; self-reliant; autonomous

## Antonyms

dependent; reliant; helpless

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