

# self-sacrifice *(self-sac-ri-fice)*

## Definition

n. giving up one's own needs for others.

## Example Sentence

It was a **self-sacrifice** when Sara gave up TV for one week.

## More Example Sentences

**Self-sacrifice** is important in many friendships.

## Synonyms

altruism; selflessness; devotion

## Antonyms

selfishness; greed; egotism

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