

self-deprecation *(self-dep-re-ca-tion)*

Definition

n. the act of belittling oneself or one's abilities.

Example Sentence

His **self-deprecation** was not sincere. Spelled with a hyphen.

More Example Sentences

Self-deprecation can make people feel better.

Synonyms

self-criticism; self-mockery; humor

Antonyms

self-praise; boastfulness; arrogance

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