

# saccade *(sac-cade)*

## Definition

n. 1 a rapid jerky movement of the eyes between positions of rest; 2 the act of checking a horse quickly with a single strong pull of the reins

## Example Sentence

A **saccade** is the fastest movement produced by the human body.

## Synonyms

jerky eye movement; movement of the eye; abrupt reining of a horse

## Antonyms

stillness

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