

# retrogress *(ret-ro-gress)*

## Definition

v. to go backward to an earlier state.

## Example Sentence

The doctor was afraid the patient would **retrogress** without the medicine.

## More Example Sentences

He did not want to **retrogress** in his studies.

## Synonyms

regress; decline; revert

## Antonyms

advance; progress; improve

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)