

Say It! Trace It! Write It!

Learn it, practice it, spell it, and pronounce it.

Instructions: Say the word, trace it, then write it on your own.

Example Sentence

A lower **resting heart rate** is generally a sign of good cardiovascular health.

SAY IT!

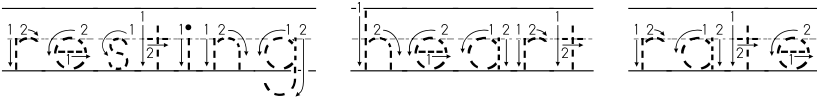
resting heart rate

TRACE IT!

resting heart rate

WRITE IT!

resting heart rate



Blank handwriting lines for practicing the word "resting heart rate". The lines consist of a solid top line, a dashed middle line, and a solid bottom line.

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