

# reinvigorating

 (*re-in-vig-or-at-ing*)

## Definition

adj. making someone feel strong and healthy again.

## Example Sentence

The exercise class was **reinvigorating**.

## More Example Sentences

A good night's sleep is **reinvigorating**.

## Synonyms

refreshing; revitalizing; energizing

## Antonyms

draining; exhausting; weakening

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