

rehydrate *(re-hy-drate)*

Definition

v. to restore moisture to something that has dried out.

Example Sentence

I drank a lot of water to **rehydrate** myself after the race.

More Example Sentences

Drinking water helps to **rehydrate** your body.

Synonyms

moisten; hydrate; refresh

Antonyms

dehydrate; dry; desiccate

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