

# refrain *(re-frain)*

## Definition

v. to hold back from doing something; n. a part of a poem or song that is repeated

## Example Sentence

We had to **refrain** from talking.

## More Example Sentences

We had to circle the **refrain** part of the poem.

## Synonyms

forbear; withhold; abstain from

## Antonyms

engage in an activity

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