

# punches

## Definition

v. to deliver a blow to someone or something usually in a strong vigorous manner

## Example Sentence

The boxer **punches** the punching bag.

## Synonyms

hits; clobbers; pounds

## Antonyms

misses

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)