

# ponderous *(pon-der-ous)*

## Definition

adj. slow and clumsy because of weight.

## Example Sentence

The **ponderous** elephant lumbered down the path.

## More Example Sentences

He moved in a **ponderous** manner during the race.

## Synonyms

heavy; awkward; cumbersome

## Antonyms

light; agile; graceful

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