

# periodicity *(pe-ri-o-dic-i-ty)*

## Definition

n. the quality of occurring at regular intervals.

## Example Sentence

The **periodicity** of brushing your teeth will lower your chance of cavities.

## More Example Sentences

The seasons have a clear **periodicity** each year.

## Synonyms

regularity; recurrence; repetition

## Antonyms

irregularity

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