

## Say It! Trace It! Write It!

Learn it, practice it, spell it, and pronounce it.

**Instructions:** Say the word, trace it, then write it on your own.

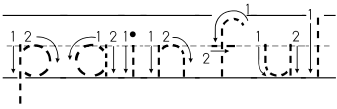
## Example Sentence

His hurt ankle was **painful**.

**SAY IT!**  
**painful**

**TRACE IT!**  
**painful**

**WRITE IT!**  
**painful**



Tracing guide for the word "painful". The word is written on a set of three horizontal lines (top, middle, bottom). Each letter has a number and an arrow indicating the starting point and direction of the stroke. The word is written in a simple, sans-serif font.

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