

# overreach *(o-ver-reach)*

## Definition

v. 1 to stretch to excess as by a straining effort; 2 fail by aiming too high or trying too hard

## Example Sentence

You may **overreach** your arm and strain a muscle. OR He may **overreach** his ability.

## Synonyms

stretch too far; overextend; overdo

## Antonyms

compress; underdo

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