

# overdoing *(o-ver-do-ing)*

## Definition

v. doing too much of something.

## Example Sentence

If you do two hundred pushups you are **overdoing** it.

## More Example Sentences

**Overdoing** exercise can lead to injuries.

## Synonyms

exaggerating; overspending; overindulging

## Antonyms

underdoing; limiting; restricting

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