

obesity

 (*o-bes-i-ty*)

Definition

n. a medical condition characterized by excessive body fat that increases the risk of health problems, often defined by a body mass index (BMI) of 30 or higher.

Example Sentence

Childhood **obesity** can lead to diabetes.

More Example Sentences

Maintaining a balanced diet and regular exercise can help prevent **obesity**.

Synonyms

overweight; corpulence; fatness

Antonyms

thin; slender; lean

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