

# nutriment *(nu-tri-ment)*

## Definition

n. a substance that provides nourishment.

## Example Sentence

After the long run he needed some **nutriment**.

## More Example Sentences

Fruits and vegetables are good **nutriment**.

## Synonyms

food; sustenance; nourishment

## Antonyms

starvation

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)