

nutrient *(nu-tri-ent)*

Definition

n. a nutritious ingredient or substance in a food; what plants need in order to grow

Example Sentence

He wanted to know if there was one healthy **nutrient** in the cookie.

Synonyms

nourishment; nutritious food; wholesome food

Antonyms

junk

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com