

nutrient-poor

Definition

adj. having low amounts of nutrients that are needed for health.

Example Sentence

The soil in my backyard is **nutrient-poor**, making it difficult to grow vegetables.

More Example Sentences

Eating **nutrient-poor** foods can harm growth.

Synonyms

low-nutrition; deficient; unhealthy

Antonyms

nutrient-rich; wholesome; healthy

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com