

# nightmares

## Definition

plural n. frightening dreams that cause feelings of anxiety or fear, often waking the sleeper.

## Example Sentence

If you watch a scary movie before bedtime you may have **nightmares**.

## More Example Sentences

She told her friend about the **nightmares** she had after eating too much candy before bed.

## Synonyms

bad dreams; terrors; phantoms

## Antonyms

dreams; daydreams; fantasies

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