

Say It! Trace It! Write It!

Learn it, practice it, spell it, and pronounce it.

Instructions: Say the word, trace it, then write it on your own.

Example Sentence

Eating foods with **monounsaturated** fats improves blood cholesterol levels.

SAY IT!

monounsaturated

TRACE IT!

monounsaturated

WRITE IT!

monounsaturated

monounsaturated

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