

# lightheartedness *(light-heart-ed-ness)*

## Definition

n. the state of being cheerful and carefree.

## Example Sentence

Her **lightheartedness** uplifted those around her.

## More Example Sentences

**Lightheartedness** makes everyone feel good.

## Synonyms

cheerfulness; joyfulness; happiness

## Antonyms

seriousness; gloominess; sadness

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