

# **lactic** (*lac-tic*)

## **Definition**

adj. of or obtained from milk

## **Example Sentence**

One myth is that **lactic** acid causes the stiffness felt after running a marathon.

## **Synonyms**

from milk; of milk; obtained from milk

## **Antonyms**

from water

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)