

# isotonic *(i-so-ton-ic)*

## Definition

adj. 1 used of solutions having the same or equal osmotic pressure; 2 of two or more muscles; having equal tension; 3 relating to or characterized by the equal intervals of

## Example Sentence

An **isotonic** beverage can replace the fluid used during physical activity.

## Synonyms

isosmotic; equal osmotic pressure; equal tension

## Antonyms

hypertonic

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