

# isotonic *(i-so-ton-ic)*

## Definition

adj. having equal tension or tone. often used in relation to muscle contractions.

## Example Sentence

An **isotonic** beverage can replace the fluid used during physical activity.

## More Example Sentences

Athletes prefer **isotonic** drinks for hydration.

## Synonyms

equal tension; balanced; uniform

## Antonyms

hypertonic; hypotonic; unequal

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