

# integumentary system

## Definition

n. the organ system that protects the body. it includes skin hair and nails.

## Example Sentence

The **integumentary system** includes the skin, hair, nails, and sweat glands.

## More Example Sentences

It helps to regulate body temperature.

## Synonyms

skin system; protective system; body covering

## Antonyms

internal system; digestive system

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