

# hygiene *(hy-giene)*

## Definition

n. practices that keep people healthy and clean.

## Example Sentence

It's important to have good **hygiene**.

## More Example Sentences

Washing hands is an important **hygiene** practice.

## Synonyms

cleanliness; sanitation; health

## Antonyms

dirtiness; unhealthy; unsanitary; unhealthful

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)