

hinge joint *(hinge-joint)*

Definition

n. A type of joint in the human body that allows movement in one plane, similar to the movement of a door hinge, such as the elbow or knee.

Example Sentence

The **hinge joint** in his elbow allowed him to bend his arm easily.

More Example Sentences

Knee injuries often involve damage to the **hinge joint**, affecting movement.

Synonyms

elbow; knee; knuckle

Antonyms

ball-and-socket joint; pivot joint; saddle joint

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