

# hinge joint *(hinge-joint)*

## Definition

n. A type of joint in the human body that allows movement in one plane, similar to the movement of a door hinge, such as the elbow or knee.

## Example Sentence

The **hinge joint** in his elbow allowed him to bend his arm easily.

## More Example Sentences

Knee injuries often involve damage to the **hinge joint**, affecting movement.

## Synonyms

elbow; knee; knuckle

## Antonyms

ball-and-socket joint; pivot joint; saddle joint

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)