

# high blood pressure *(high-blood-pres-sure)*

## Definition

n. A condition in which the force of the blood against the artery walls is too high, often leading to health problems such as heart disease.

## Example Sentence

**High blood pressure** can lead to serious health issues if not managed properly.

## More Example Sentences

Regular exercise and a balanced diet can help control **high blood pressure**.

## Synonyms

hypertension; elevated blood pressure; arterial tension

## Antonyms

low blood pressure; hypotension; normal blood pressure

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