

helpless *(help-less)*

Definition

adj. unable to help oneself or act independently.

Example Sentence

He was **helpless** to carry the heavy box.

More Example Sentences

She felt **helpless** in the difficult situation.

Synonyms

powerless; defenseless; vulnerable

Antonyms

capable; strong; powerful

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com