

# help out

## Definition

v. to assist someone with a task or problem.

## Example Sentence

Can you **help out** tonight with the dinner guests?

## More Example Sentences

They decided to **help out** their neighbor.

## Synonyms

assist; aid; support

## Antonyms

disturb

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)