

healthiness *(health-i-ness)*

Definition

n. the state of being healthy or well.

Example Sentence

Anna attributed her **healthiness** to a good diet and regular exercise.

More Example Sentences

Regular exercise improves overall **healthiness**.

Synonyms

wellness; fitness; robustness

Antonyms

illness; unhealthiness; weakness

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com