

# hardening *(hard-en-ing)*

## Definition

n. the process of becoming firm or solid.

## Example Sentence

The buildup of cholesterol can lead to **hardening** of the arteries.

## More Example Sentences

**Hardening** can change the texture of materials.

## Synonyms

solidifying; strengthening; toughening

## Antonyms

softening; weakening; loosening

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