

# hardening *(hard-en-ing)*

## Definition

v. 1 to make solid or rigid or firm; 2 to make callous; n. 1 abnormal thickening of tissue; 2 the process of becoming solid by cooling or drying or crystallization

## Example Sentence

The buildup of cholesterol can lead to **hardening** of the arteries.

## Synonyms

stiffen; toughen; densify

## Antonyms

soften

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