

# handhold *(hand-hold)*

## Definition

n. a place to grip, especially for support or climbing.

## Example Sentence

He was grateful for the **handhold** as he climbed the steep mountain.

## Synonyms

grip; hold; support

## Antonyms

slip; slide

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)