

Say It! Trace It! Write It!

Learn it, practice it, spell it, and pronounce it.

Instructions: Say the word, trace it, then write it on your own.

Example Sentence

He pulled his **hamstring** during track practice. Spelled as one word.

SAY IT!

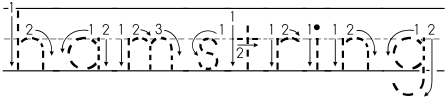
hamstring

TRACE IT!

hamstring

WRITE IT!

hamstring



Tracing guide for the word "hamstring". The word is written in a cursive font with numbered arrows indicating the stroke order for each letter.

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